

# Eating in Melbourne

Information about meeting dietary and culinary needs and desires in Melbourne for incoming Study Abroad and Exchange Students.

#### **SUPERMARKETS**

There are several major supermarket chains in Melbourne:

Coles: www.coles.com.au

Woolworths (Safeway): www.woolworths.com.au

ALDI: www.aldi.com.au IGA: www.iga.net.au/igafresh

## **RESTAURANTS & CAFES**

There are eateries and restaurants in Melbourne that cater to everyone, with cuisines from around the world. A great variety is available nearby at Lygon st, about two blocks walking distance from Parkville campus. You can also find more information about the dining opportunities that are available at this link: www.thatsmelbourne.com.au/ DiningAndNightlife/Pages/DiningandNightlife.aspx

#### **MARKETS**

Queen Victoria Market: www.qvm.com.au

Camberwell Market: www.camberwellfreshfoodmarket.com.au

Preston Market: www.prestonmarket.com.au Prahran Market: www.prahranmarket.com.au

South Melbourne Market: www.southmelbournemarket.com.au

## **DIETARY REQUIREMENTS**

Some of you may need to find specially-prepared food for religious or personal reasons. While Melbourne does have vegetarian, gluten-free, Halal and Kosher eateries and restaurants, they may not always be close to the University or to your accommodation. It is sometimes easier to buy food from specialist grocers/butchers and to prepare your meals at home. There are many stores that sell these kinds of specific items. Please see these links as a preliminary guide:

Gluten Free: www.glutenfreeeatingdirectory.com.au

Vegetarian: www.vegetarianfood.com.au/restaurants\_melbourne.htm

Halal: halalmaps.com/Australia/Melbourne.html

Kosher: www.kosherdelight.com/AustraliaVICKosherFood.shtml

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